

# CelebrityLife<sup>SM</sup>

Inspired onboard programs designed just for you.  
And you, and you, and you.

Welcome to "Celebrity Life", an exciting new variety of palate-pleasing, intellectually stimulating and life-renewing onboard programs designed with your interests in mind. Choose from the very best in culinary, enrichment, and wellness, with our three new series — Savor, Discover and Renew.

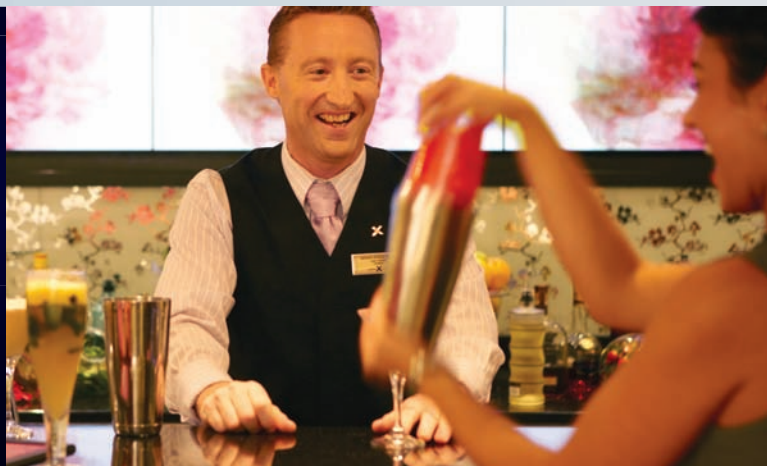
Learn how the proper glass enhances the flavor of your favorite Pinot Noir at the Riedel® Comparative Wine Crystal Workshop. Pick up French faster than you can say, "le café s'il vous plaît" through our unique partnership with Rosetta Stone®. Or renew yourself with one of our many health and wellness options designed to help you feel better, live longer, and look younger. These are just a few of the many possibilities that await you onboard each and every Celebrity cruise. To enjoy Celebrity Life, simply choose the programs that interest you most — on or before your next cruise.

Celebrity **X** Cruises®  
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Visit [CelebrityCruises.com/celebritylife](http://CelebrityCruises.com/celebritylife) for more program information.

CelebrityLife™

Savor  
SERIES



## Expand your palate and celebrate your good taste.

The Savor Series — A delicious collection of programs inspired by our James Beard nominated and award-winning chef Jacques Van Staden. These exciting sessions are designed to educate, entertain, invigorate, and stoke your passion for fantastic food and spirits. Stand in as an official sous chef in one of our Star Chefs Cooking Competitions. Or learn to master the perfect Mojito in Mixology 101. Whatever your appetite, we have the recipe.

Hosted by *The Foodie*—our onboard guide whose refined tastes, educated palate, and deep knowledge and passion for food and spirits adds a personal flavor.

Food as Art Series	Signature Spirits Series	Celebrity Vineyards Series
<p>The Heartbeat of the Operation</p> <p>A Taste of "Equinox"****</p> <p>Star Chefs Cooking Competition</p> <p>Global Flavors</p>	<p>Mixology 101</p> <p>Molecular Mixology from The Liquid Chef †</p> <p>Jameson Whiskey Tasting**</p> <p>Master of Malts from The Macallan**</p> <p>Small Batch Bourbon Tasting**</p>	<p>Celebrity's Wine Appreciation 101**</p> <p>Celebrity's World Wine Tour and Silent Auction**</p> <p>Riedel® Comparative Wine Crystal Workshop**</p> <p>The Art of Food and Wine Pairing**</p>

†Available on Solstice Class only. \*\*Additional charges apply, visit us online for current rates. \*\*\*Program name varies by ship.

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Discover  
SERIES



Who knew 2300° could be so cool. And blogging could be so hot.

The Discover Series — Designed to entertain, educate and spark your intellectual curiosity with unique programs that expand your horizons. Let the creative fires burn at The Hot Glass Show<sup>SM</sup>. Reach out to the world with a travel blog or dance like a star with our Celebrity Dancers. Get ready to discover something new — and rediscover yourself.

Hosted by *The Cosmopolitan*—our onboard guide whose style will inspire you to explore and experience something new.

digITal Series	digITal Series	Enrichment Series
<i>The Introduction</i> Email for Beginners Internet and Email for Beginners Learn Your Laptop Photoshop® 1 How to Shop Online** Internet for Travelers** Language Learning with Rosetta Stone®** Learn Your BlackBerry®** Learn Your iPhone®**	<i>Expand Your Skills</i> Photoshop 2 Windows® XP Tips & Tricks BlackBerry Functions & Features Intermediate Email** iTunes Tips & Tricks** Top 10 Cool Web Sites You Should Know**  <i>The Tech</i> Create Your Free Online Travel Blog** Photoshop 3** Windows Movie Maker Fun**	Self-Guided Art Tour Language Learning with Rosetta Stone "Memories At Sea" Scrapbooking StarGazer Astronomy Series "Beyond The Podium" Guest Speaker Series "Hot Glass Show" Live Demonstration†
		<b>Let's Dance</b>  Introduction to Dance (includes a variety of styles such as Ballroom, Cha-Cha-Cha, Rhumba and Waltz)

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CelebrityLife™

Renew  
SERIES



## Designed to bring you back to your true self.

The Renew Series — brings the best of health and wellness miles out to sea. Everyone recharges and renews differently so we provide you with a variety of choices to meet your specific interests and needs. Whether your desire is more energy, longevity or a more youthful appeal, our AquaSpa® by Elemis® offers you just what you need to find your perfect self. From greeting the sunrise with morning yoga to learning the secrets to a healthy life before enjoying your 24 karat gold facial, we know how you want to be treated. Right.

Hosted by *The Guru*—our onboard guide who combines the skills of a trusted advisor with a down-to-earth passion for living healthfully and well.

Energy Series	Longevity Series	Ageless Series
<p><i>Energy Classes</i></p> <p>Body Sculpt Boot Camp † **</p> <p>"G-Cardio" Group Cardio Workout</p> <p>"Step, Jump and Pump" Aerobics</p> <p>"Gravity Training" Body Sculpting † **</p> <p>"Tour de Cycle" Indoor Cycling † **</p> <p>Indoor Spinning** °</p> <p><i>Energy Seminars</i></p> <p>Burn Fat Fast</p> <p>Detox for Health and Weight Loss</p> <p>Eat More to Weigh Less</p> <p>How to Boost Your Metabolism</p> <p>Secrets to a Flatter Stomach</p>	<p><i>Longevity Classes</i></p> <p>Fab Abs</p> <p>Freshly-Squeezed</p> <p>Chilates**</p> <p>Tai Chi</p> <p>Yoga**</p> <p><i>Longevity Seminars</i></p> <p>Heal Yourself with Acupressure</p> <p>Introduction to Acupuncture</p> <p>Introduction to Chinese Herbal Remedies</p> <p>Longevity Seminar (Eight Branches of Chinese Medicine)</p> <p>Stress Buster</p>	<p><i>Ageless Classes</i></p> <p>Couples Massage**</p> <p>Couples Reflexology**</p> <p><i>Ageless Seminars</i></p> <p>Acupuncture Facial Rejuvenation</p> <p>Age Prevention</p> <p>Introduction to Botox®</p> <p>Powerful Posture</p> <p>Restore your Youthful Skin</p>
		<p><b>Renew Events</b></p> <p>Breakfast with the Guru</p> <p>Wellness Experience</p>

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