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# THE ALCOVES

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### SPA SERVICES

#### EXCLUSIVELY FOR YOU

A wide variety of Alcove Spa Services can be arranged for you to enjoy in your Alcove.

Please enjoy any one of the following at your leisure:

#### 10 MINUTE INDULGENCES

Plucker Up: A quick tweeze and shape for the pampered brow ..... \$15

Diva Delight: Unleash your inner diva with a nail polish and  
sunglow finish ..... \$12

Twinkle Toes: Add some pep to your step with this toe polish and sun  
glow finish ..... \$12

Show Stopper: Be the mane attraction with this hair comb out and  
sun glow finish ..... \$15

Muscle Relaxer: This neck and shoulder massage will take the weight  
of the world off your shoulders ..... \$25

*Relax*

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### 10 MINUTE INDULGENCES (continued)

Scalp Soother: Ooh. This soothing scalp massage will make you tingle from head-to-toe ..... \$20

Eye Catcher: This decongesting eye massage with Pro-Collagen Boost will reveal a smoother look ..... \$20

Foot Fetish: A foot and ankle massage with a sole purpose. .... \$20

### 25 MINUTE INDULGENCES

Pore Patrol: A delightfully detoxifying facial that cleanses your pores of impurities and leaves your skin sparkling.....\$59

Age Eraser: This express anti-aging facial will help keep your youthful glow brilliant by dulling fine lines and wrinkles\$59

Skin Perfection: This skin bliss facial is simply spectacular.  
Your face will radiate, your spirit will soar, and your skin will beg for more..... \$59

*Relax*

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### EXPRESS YOUR BODY

Mainstream Manicure: Nourish your nails into polished perfection with this manicure..... \$29

Knead a massage: Here's the rub. You pick which muscle-melting massage you want and then we'll take the matter into our own hands! Choose from Energizing, Muscle-Melt or Chakra Balancing .....\$59

Massage Duet: Whisk away your partner, best pal, or whoever you want to experience this indulgently relaxing massage with.....\$135

Foot Patrol: Give your tired feet a rest and enjoy this therapeutic foot and ankle massage with reflex points .....\$59

*Relax*

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### EXPRESS YOUR MANtra

MANicure: This buff and shine for the nails is ideal for both the macho and modern man.....\$10

Head Honcho: Our best scalp massage. We will use our conditioning ingredients combined with tantalizing massage techniques for the most invigorating experience ..... \$29

### EXPRESS YOUR WELLNESS

Sea Legs: If you haven't gotten your sea legs yet, this acupuncture session can help alleviate your sea sickness..... \$75

Wellness Assessment: Our onboard acupuncturist is available to help you live a healthier life with this Wellness Assessment...\$35

*Relax*